

1996 Eastern Tandem rally in Lancaster, Pa. August 9 - 11, 1996

Friday

Check in starts at 1:00 p.m. Explore the area on your own with "Q" sheets provided. Shop at the local outlets, Tour the areas many points of interest or lounge around the pool.

Saturday

Enjoy the scenic rides through the Garden Spot of America. Start the day with a hearty breakfast, Explore the charm of rural farm lands and gentle rolling terrain. Upon returning to EDEN RESORT INN you can enjoy swapping tandem stories with friends old and new around the pool. An evening meal with entertainment will round out the day as you retire to the air condition comfort of your room.

Sunday

Another hearty breakfast and you are off on another day of great tandem riding. More rich farm land, quaint small towns and luxurious residential developments are the sights of the day. Lunch is back at the EDEN RESORT INN. Plan to stay over for the Sunday night option and enjoy more of the charm of Lancaster County

Monday (optional)

Extend your stay and your rally can become a mini vacation. Lancaster is known for its factory outlet malls where savings can be found. The Landis Valley Farm Museum, Ephrata Cloister, Strasburg Railroad, Clock and Watch Museum, Wilbur Chocolate factory and Sturgis Pretzel Bakery in near by historic Lititz. are just some of the many things to see. Or you just might want to see some more of Lancaster County on your Bicycle built for two.

Change in format brings resort hotel comfort to E.T.R. tandem teams

Tandem rally veterans that can date their Eastern Tandem Rally days to the late 70's and early 80's remember those rally's being hosted from a motel. As tandem rallies grew the need for larger facilities became

necessary. Cost was also a concern for families with children. College campus lodging allowed the E.T.R. to grow in size. The lower cost of campus housing meet the needs of budget conscience tandem families.



College campuses are now in strong demand by all sorts of groups during the summer months. A campus stay is now approaching the cost of a resort motel.

In our search for a place, the Eden Resort Inn in Lancaster stood out as being capable to meet the needs of a tandem rally. As we presented our plans they listened to our needs and indicated a willingness to help make Tandem 96 special.

Tandem 96 limited to 150 teams

The number of rooms that we are able to reserve is limited to 150. Size restrictions for the Saturday evening banquet and picnic stop also place this size limit on the rally. Past years rallies have turned people away with limits at 180 teams. Over 500 of these notices are being sent out.

Send in your registration EARLY to insure your team has a spot in this years rally.



REGISTER EARLY

Rally Check List

TANDEM:

- ☐ **BRAKES:** Check adjustment, frayed cables, & worn brake shoes.
- ☐ **TIRES:** Check for cuts and tread wear & condition
- ☐ **WHEELS:** check wheel true, dish, & spoke tension. Check rims for cracks
- ☐ **DRIVE TRAIN:** Clean & lube chains, Clean, lube & adjust derailleurs. Adjust timing chain tension. Check & tighten chainring bolts. Tighten pedals.
- ☐ **HANDLEBARS & STEM:** Lube steerer tube & handlebar contact surfaces. Tighten stem bolts. Tighten brake levers, Check wrap/grip condition.
- ☐ **SEAT POST & SADDLE:** Lube seat post insertion in seat tube. Tighten saddle. Check saddle height adjustment
- ☐ **MISC.:** Check computer batteries, accessory mounting screws, clean up and touch up frame.

CAR CARRIER

- ☐ Inspect carrier for loose bolts and condition of mounting pads and hardware.

HELMET, SHOES & ETC.

- ☐ **HELMET:** Inspect for cracks, wear, and clip hardware
Replace if any doubt.
- ☐ **SHOES:** Check cleat wear and mounting.
- ☐ **CLOTHING:** Don't forget to bring your team or club jerseys for sundays ride



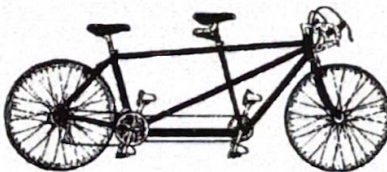
PERSONAL ITEMS

- ☐ **SUNDRY ITEMS:** Don't forget sun screen, Grooming and personal care items.
- ☐ **FIRST AID:** Insect bike kit, personal medications, road rash kit, and medical alert bracelet or tag.



Annual Swap Meet

Do you have a box in your attic or garage full of bicycle or better still tandem parts and accessories that you no longer use? Why not bring them with you to the annual tandem rally swap meet. There is no charge to display your treasures. The swap meet will be after Saturday's ride.



Lancaster county is a favorite area for bicycle riders of all ages and abilities.

Read the Vermont country cycles tour catalog and you will see Lancaster county tours being featured during the summer and fall seasons. Most of the tours are sold out each year. Bicycling magazine has featured rides in Lancaster as well as other cycling and travel publication. The 1996 L.A.W. GEAR rally is returning to Millersville University by popular demand.

You can expect to find the terrain to be generally flat with gentle rolling farmland. Most riders will be able to do the weekend without using the granny gear.

August is usually hot and humid with little rain. We are planning rides with early starts so that you can be back at the motel for a refreshing dip in the pool in the afternoon.

Come ride Come Eat Good eating

After a hard days work in the fields the Amish and Mennonite families join hands around the kitchen table and give thanks for the bounty of the earth. Their days start at sun up and continue to sundown. Their tables are set with the fruits of their labors and the servings are plentiful. Pennsylvania Dutch cooking is known for its good taste and generous servings. While Lancaster county in being subject to urban sprawl the tradition remains for good food in generous amounts. After a hard day's ride a tandem team is looking for a food that is good and plenty. We plan to honor that tradition. No one will go away hungry.

Rally participants looking towards the healthy diet habits of the 90's need not fear. We are planning meals that offer healthy choices that will satisfy the most discriminating diet. Persons wanting vegetarian and low fat offerings will find their only concern will be their calorie intake.



Vacation & tourist information

for more information on Lancaster county or state of Pennsylvania write or call:

Pennsylvania dept. of commerce
Division of Travel Marketing
453 Forum building
Harrisburg, PA. 17120
(800)-VISIT PA ext. 368

Pennsylvania Dutch Convention Center and Visitors Bureau
501 Greenfield Rd.
Lancaster, PA. 17601
(717)-299-8901

Tandem 96 rally reaches 150 teams. 35 additional off site registration packages available

The number of rooms that we are able to reserve at the EDEN RESORT INN was limited to 150. These 150 tandem team registrations were received within the first three weeks. This demand made it necessary to offer off site registration for persons willing to obtain their own housing. Teams opting for off site registration should note that the their off site registration does not include use of the facilities at the EDEN RESORT INN. Saturday and Sunday's breakfasts as well as the Saturday evening meal at the EDEN are also not included.

Suggested motels with easy access to rally rides are:

Olde Hickory Inn
2363 Oregon Pike
Lancaster, PA. 17601
(717) 569-0477

Hampton Inn
545 Greenfield Rd.
Lancaster PA. 17601
(717) 299-1200

Persons registered for off site will be notified if we have a cancellation so they can move up to on site.

PLEASE NOTE: Once the 35 off site registrations are received registration will be closed



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